



MITCHELL'S PLACE
unlocking potential

Does my child need Applied Behavior Analysis (ABA)?

An outpatient service offered in the
Multidisciplinary Resource Center at Mitchell's Place



American Academy of Child and Adolescent Psychiatry concluded: *“ABA techniques have been repeatedly shown to have efficacy for specific problem behaviors, and ABA has been found to be effective as applied to academic tasks, adaptive living skills, communication, social skills, and vocational skills”* (Volkmar et al., 2014).

What is Applied Behavior Analysis?

- Applied Behavior Analysis (ABA) is the science of analyzing and improving socially significant behaviors by applying interventions based on the principals of learning.
 - o ABA strategies are used to decrease inappropriate or problematic behaviors.
 - o ABA strategies are also used to teach new skills and appropriate replacement behaviors.

How do I know if my child needs ABA?

- Does your child exhibit inappropriate or difficult behaviors you would like to decrease?
- Are there skills that your child is just not acquiring as quickly as his same-aged peers?
- Does your child have trouble communicating?
- Does your child have trouble following instructions?

What does the ABA program at Mitchell's Place include?

- Assessments to identify your child's specific strengths and weaknesses in the areas of language, social, functional living, and academic skill development.
- Individualized programming to meet your child's needs
- Supervision by Board Certified Behavior Analysts (BCBA)
- Use of research-based interventions

Why Mitchell's Place?

- ABA, Occupational Therapy, Speech Therapy, Family Psychology services, and social skills groups are all available under one roof within our outpatient Multidisciplinary Resource Center.
- Family friendly environment
- Access to BCBA's to discuss questions
- Observation rooms to observe your child's sessions



For more information, please contact :

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